

SEASONS OF CHANGE

NAADAC CEU TRAINING FOR ADDICTION PROFESSIONALS
OFFERED BY VENUS RISING INSTITUTE & WOMEN IN ACTION COUNCIL

Spring: May 1-3

A TIME FOR PLANTING

Professional & Personal Development: This retreat will explore different stages of healing, recovery and personal growth. Develop new tools and skills for understanding and clarity.

Summer: July 24-26

A TIME FOR GROWTH

Circle of Healing: Body, Emotion, Mind, Spirit: In this retreat we will discuss whole healing and how to access blocks and celebrate success in this model for holistic healing.

Fall: Sept. 25-27

A TIME FOR HARVESTING UNDERSTANDING

Spiritual Grief: We will explore the stages of grief as they apply to spirituality and recovery, Grief is part of life. Good grief is possible.

Winter: Nov. 6-8

A TIME FOR REST & REFLECTION

Finding Your Meaning & Purpose: This retreat will help you define your meaning and purpose at this phase of your life and offer alternative therapies for your clients.

WHAT'S IN IT FOR YOU?

- 12 NAADAC CEUs with each module or 48 for all 4 modules.
- New therapeutic tools to share with clients.
- Hands on experiences with alternative therapies.
- Multi-cultural experiences and teachings.
- Professional and personal development.
- Certificate of Completion for training in Alternative Therapies for Addiction Professionals.

Judy and Julie are passionate about bringing a new paradigm approach to the culture of recovery and spirituality in addiction treatment.



Judy Merritt, Ph.D. is a psychologist. She currently is the Program Manager for Transformation House, a 2-week 2nd Stage recovery process offered through Venus Rising Institute (www.shamanicbreathwork.org). She specializes in art processes for individual/group healing and ceremony. She is a Shamanic Breathwork Master Practitioner. Her email address is: judyamerritt@hotmail.com



Julie Rochelle-Stephens, M.M. is a coach, speaker and consultant and is the Director for The Women In Action Council. Her expertise and contributions in the field of, spirituality, recovery, relationships and human development have marked her career for 25 years. Julie's recently published the 12 Step *RSVP: Recovery, Spirituality, Vision, Purpose Journal* and Recovery Meditation Cards. They are a hit with counselors, sponsors, treatment centers and individuals who believe in the power of recovery. Julie has created new tools

for recovery, spiritual development and personal transformation. Her email address is julie@julierochelle.com.

Accommodations

The Seasons of Change retreat will be held at the Renewal Center of the South located at 633 Danbury Bridge Rd. in Madison, NC. RCS is located about 20 miles north of Greensboro, near the intersection of Rt. 220 and State Rt. 704. Driving directions can be obtained from the RCS website at www.rcsouth.org. If you get lost en route call 919-621-9338.

The per-person cost includes your room, all meals and snacks. Dress is casual. All you need to bring is your self, your clothes, your journal and personal items. RCS provides everything else.

Retreat Fees cover the entire weekend.

\$275 per Weekend

or

\$1000 for all 4 Weekends
paid in full in advance.

Make checks payable to
Julie Rochelle-Stephens

Refund Policy

Refund (less \$10 service charge) for cancellations made at least 14 days before the start of the event. After that, NO REFUNDS are possible, but a substitute may attend.

Registration

To register for the Seasons of Change workshops visit www.julierochelle.com and click on the registration link. Print and fill out the registration form and mail with payment to Julie Rochelle, PO Box 505, Jamestown, NC 27282.

Questions?

Please contact

Julie Rochelle-Stephens: 336.887.0589
or email julie@julierochelle.com

or

Judy Merritt at 828.507.9597
or email judyamerritt@hotmail.com